

RESCULPT CLINIC



Hét Nederlandse expertisecentrum voor vetbehandelingen



***Breast augmentation with own fat
(Lipofilling)***

Breast augmentation with your own fat (lipofilling)

Some women may wish to give their breasts more volume and firmness. People often immediately think of silicone breast prostheses. However, few people realize that this can also be done naturally: with their own fatty tissue (lipofilling). The fatty tissue will be removed from a place with sufficient fat, purified and injected into the breasts.

ReSculpt Clinic is the Dutch expertise center for fat treatments, including lipofilling. The doctors at ReSculpt Clinic, Dr. Hajo Bruining and Dr. Jonathan Kadouch, are both medical specialists and specialized in this field. The treating doctor can discuss the possibilities of this treatment with you in detail during a consultation.

The classic breast augmentation with prostheses

The standard treatment for breast enlargement is the surgical insertion of (silicone) breast prostheses. This procedure is performed under general anesthesia, in which the prosthesis is inserted into the breast through an incision in the breast fold or areola. This is a proven safe procedure where the desired size of the breasts can be determined in advance. However, the procedure does have a number of disadvantages. Complications such as capsular contracture occur regularly and breast prostheses must be replaced every so often.

Breast augmentation with your own fat (lipofilling): the pros and cons

A safe and natural alternative to breast prostheses is using your own fat. This treatment is called lipofilling. The procedure consists of a number of phases. First a 'donor site' must be chosen; the place where the fat is extracted from. Various body parts are eligible for this, including the abdomen, love handles and saddlebags on the thighs.

After the donor site has been locally anesthetized with tumescent fluid, the fat to be transplanted is sucked away with a thin cannula. It can be compared to a small liposuction.

After harvesting the fat, it is processed in a special way so that the most viable fat cells remain. After the breasts have also been locally anesthetized, the fat cells are injected into the breasts. During injection, the new volume is applied as evenly as possible. This ensures that the area is nicely filled and the fat cells have a better chance of survival. The treatment lasts approximately 2 hours, usually 1 to 3 treatments are needed to achieve optimal results. We recommend a period of at least 6-8 weeks between each treatment. You can read more information about the lipofilling procedure on the lipofilling page.

One of the **advantages** of this procedure is that the fatty tissue is the body's own. This means that it cannot be rejected and no capsular formation occurs. In addition, it does not need to be replaced or removed. The procedure leaves no scars and the breasts retain their natural shape and appearance. The touch also continues to feel natural.

One of the **disadvantages** is that you can only inject a maximum amount of fat at a time. The fat cells need blood flow. If you inject too much at once into the same area, less will fat cells survive the transplant. This will also increase the risk of developing fatty cysts.

In addition, you cannot exactly predict the size of the enlargement in advance: this depends on the percentage of fat cells that survive the treatment. Finally, several treatments (1 to 3) are generally required to obtain the optimal result.

What results can one expect after breast augmentation with lipofilling?

In the first 3 months, the body will still be busy recovering and will try to grow in as many fat cells as possible. During this period the area will also retain fluid. The end result will be fully visible after 3 months. The fat cells that have survived until then will no longer be lost. As after any surgical procedure, the healing process after lipofilling can lead to small calcium deposits. Also in the breasts. These may resemble the calcium deposits that form with breast cancer. It is therefore possible that a mammogram will lead to additional testing to rule this out.

Risk and complications

Lipofilling of the breasts is a safe procedure. As with any procedure, there is the risk of bruising or infection. Small lumps can also sometimes be felt, but these generally disappear on their own. Specific risks in areas that are treated symmetrically include minor asymmetry.

Safety

At ReSculpt Clinic we do everything we can to guarantee your safety during a visit or treatment. You can also contribute to this yourself, for example by informing your treating physician in detail about your complaints, medication use, lifestyle, etc. Ask questions if something is not clear or if you are concerned.

Reimbursement

Tumescent liposuction and lipofilling are not reimbursed by health insurers.

Information and introductory meeting

Would you like to know more about this treatment and what is possible for you? Schedule an appointment for a no-obligation information meeting or a telephone consultation via our contact page. During the information interview with the medical specialist, ample time is taken to explain the condition, the treatment, the side effects, the follow-up process and the result, so that you are optimally informed. The conversation lasts approximately 45 minutes.

Complaints and privacy regulations

ReSculpt Clinic has a complaints and privacy policy. You can request this for inspection via the contact page on our website or via contact@resculpt.nl

More information about breast enlargement with your own fat (lipofilling) can be found on our website: www.resculptclinic.nl

The logo for Resculpt Clinic features the word "RESCULPT" in a dark grey, serif font above the word "CLINIC" in a similar font. A thick, wavy orange line arches over the text, starting under the 'R' and ending under the 'C' of "CLINIC".

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