# RESCULPT C L I N I C

Hét Nederlandse expertisecentrum voor vetbehandelingen



Double chin treatment with deoxycholic acid (Belkyra®)

### Double chin treatment with deoxycholic acid (Belkyra®)

Does your double chin bother you? You are not alone in this. A recent survey showed that 67% of people are bothered by the "fullness" of the double chin. Much of this fullness is usually made up of fatty tissue. There are a number of reasons why adipose tissue on the double chin thickens, namely predisposition (mother or father has it too), someone has gained weight or aging.

With deoxycholic acid (Belkyra®, from company Allergan®) we can address this problem. When we inject deoxycholic acid into the fatty tissue of the double chin, it destroys the fat cells located there. Once broken down, the fat cells can no longer absorb fat and the volume of the double chin decreases. The active ingredient in Belkyra® is deoxycholic acid. This is a natural product that can be found in the body that breaks down fats from food.

With deoxycholic acid, you can now do something about that troublesome double chin, without surgery or liposuction!

#### **Preparation before treatment**

Advised (not required) to start taking 3 Arnica D6 tablets 4 times daily for 2 weeks before the procedure, which can reduce bruising. You can stop this again 7 days after the treatment

- Where possible, avoid alcohol and blood thinners from one week before the procedure. Always consult with a doctor beforehand.
- Do not apply any body lotion or cream to the area to be treated the night before or on the day of the procedure.
- You do not need to have an empty stomach for the procedure, have breakfast and/or lunch as usual.

#### **Treatment**

The procedure takes an average of 30 minutes, depending on the degree of fullness of the double chin and on how many injections it needs to be treated. After cleaning the skin with alcohol, the area under the chin is accurately marked with a skin pencil and an "injection grid" is applied. Then the product is injected into the fatty tissue with a number of punctures.

#### **After treatment**

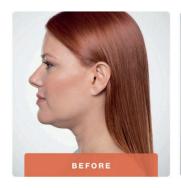
Directly after the treatment, the double chin will swell and turn red due to the effectiveness of deoxycholic acid. As far as pain symptoms occur during the treatment, they disappear quickly by cooling immediately after the injections. Some bruising may also occur. The swelling, redness and bruising disappear after 7-10 days.

In principle, you can resume your daily activities immediately, the only thing you have to reckon with is visibility of the swelling of the double chin. It is recommended to take 2 tablets of 500 mg paracetamol 3 times a day for the first day, you will then be less restricted after the treatment. This is not strictly necessary. The next morning or the same evening you can shower as usual.



#### **Results**

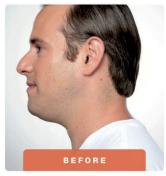
In the first week, the double chin will actually thicken due to the efficacy of deoxycholic acid. This reaction is necessary to achieve good results. You can see the first improvements after about 2 weeks. After about 6 weeks, the full results of the treatment can be seen. Usually 2 to 3 treatments are needed to achieve the desired results (see figure below).













#### **Side Effects and Safety**

The most common side effects of deoxycholic acid are discomfort, swelling, redness, bruising, hard spots and itching. Most of these side effects are necessary to achieve good results. Less common side effects are post-bleeding or discoloration of the skin. And rare side effects include bald spots (in the beard growth), wounds, hives and temporary paralysis of the nerve that controls the corner of the mouth muscles.

At ReSculpt Clinic, we make every effort to ensure your safety during a visit or treatment. You can also contribute to this yourself, for example by informing your treating physician in detail about your symptoms, medication use, lifestyle, etc. Ask questions when something is not clear, or when you have concerns.

#### Reimbursment

Treatment with deoxycholic acid is not covered by insured care and is not reimbursed by the health insurance company.



#### Information and introductory consultation

Would you like to know more about this treatment and your options? Schedule an appointment via the contact page on our website for a no-obligation informational or telephone consultation. During the informative interview with the medical specialist, sufficient time is taken to explain the condition, treatment, side effects, after-treatment and results, so that you are optimally informed. The consultation takes about 30 minutes.

#### **Complaints and privacy regulations**

ReSculpt Clinic has a complaint and privacy policy. You can request this via the contact page on our website or through contact@resculpt.nl

More information about double chin treatment with deoxycholic acid (Belkyra®) can be found on our website: www.resculptclinic.nl



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